

# Lane Ewing

Completed the 5K at the Gypsum Daze 5K in

**30:57.7**

**July 19, 2025**

Overall: **68/191**

Div Place: **17/29**

Sex Place: **43/75**

Bib No: **191**

Division: **M01-18**

Pace: **9:58.0**