

# **Sarah Howarth**

**Completed the 5K at the Run For The Shamrock in**

**49:16.5**

**March 11, 2023**

Overall: **106/157**

Bib No: **1893**

Div Place: **11/14**

Division: **F40-44**

Sex Place: **58/105**

Pace: **15:52.0**