

# Seamus Cowan

Completed the 5K at the Pear Blossom in

**27:24.0**

**April 12, 2025**

Overall: **179/908**

Bib No: **189**

Div Place: **4/15**

Division: **M60-64**

Sex Place: **120/412**

Pace: **8:50.0**