

Bethsaida Ramos

Completed the 5K at the Run Willamette Salem Hills 5K in

45:26.2

June 28, 2025

Overall: **111/232**

Bib No: **188**

Div Place: **17/37**

Division: **F20-29**

Sex Place: **62/182**

Pace: **14:38.0**