

# **Lisa Defranceso**

**Completed the 5K at the Run For The Shamrock in**

**49:12.5**

**March 11, 2023**

Overall: **104/157**

Bib No: **1861**

Div Place: **3/10**

Division: **F55-59**

Sex Place: **56/105**

Pace: **15:51.0**