

# Cameo Heyward

Completed the 5K at the Turkey Trot in

**31:02.1**

**November 27, 2025**

Overall: **564/1794**

Bib No: **1858**

Div Place: **15/89**

Division: **F45-49**

Sex Place: **220/1131**

Pace: **10:00.0**