

# **Eliot Benson**

**Completed the 5K at the Michael Bryson 5K Shuffle in**

**56:15.8**

**August 3, 2024**

**Overall: 41/64**

**Bib No: 185**

**Div Place: 3/6**

**Division: M30-39**

**Sex Place: 20/30**

**Pace: 18:07.0**