

Nakai Colmenares-Hawe

Completed the 7Miler at the Silver Falls Trail Runs in

1:27:00.7

October 31, 2025

Overall: **186/736**

Bib No: **1848**

Div Place: **12/40**

Division: **F25-29**

Sex Place: **73/582**

Pace: **11:56.0**