

# **Nakai Colmenares-Hawe**

**Completed the 7Miler at the Silver Falls Trail Runs in**

**1:27:00.7**

**October 31, 2025**

**Overall: 186/736**

**Bib No: 1848**

**Div Place: 12/40**

**Division: F25-29**

**Sex Place: 73/582**

**Pace: 11:56.0**