

# Kirk Dianda

Completed the 7 Miler at the Silver Falls Trail Runs in

**1:39:31.1**

**November 3, 2023**

Overall: **386/728**

Bib No: **1814**

Div Place: **26/50**

Division: **M45-49**

Sex Place: **210/365**

Pace: **14:14.0**