

# **Anol Thrift**

**Completed the 5K at the Heart To Start in**

**54:33.1**

**February 22, 2025**

**Overall: 605/739**

**Bib No: 180**

**Div Place: 50/75**

**Division: F35-39**

**Sex Place: 391/619**

**Pace: 17:34.0**