

Zachary Defreest

Completed the 7 Miler at the Silver Falls Trail Runs in

1:29:34.8

November 1, 2024

Overall: **245/720**

Bib No: **1782**

Div Place: **5/12**

Division: **M10-14**

Sex Place: **141/339**

Pace: **12:48.0**