

# Eric Defreest

Completed the 7 Miler at the Silver Falls Trail Runs in

**1:49:48.3**

**November 1, 2024**

Overall: **468/720**

Bib No: **1780**

Div Place: **8/14**

Division: **M60-64**

Sex Place: **209/339**

Pace: **15:42.0**