

Zachary Defreest

Completed the 7 Miler at the Silver Falls Trail Runs in

1:46:36.2

November 4, 2022

Overall: **418/657**

Bib No: **1780**

Div Place: **5/9**

Division: **M10-14**

Sex Place: **187/314**

Pace: **15:14.0**