

Shawna Blackburn

Completed the 7 Miler at the Silver Falls Trail Runs in

1:50:04.4

November 3, 2023

Overall: **501/728**

Bib No: **1673**

Div Place: **42/93**

Division: **F45-49**

Sex Place: **265/627**

Pace: **15:44.0**