

# **Samantha Adair**

**Completed the 5K at the Heart To Start in**

# **31:14.3**

**February 21, 2026**

Overall: **173/679**

Bib No: **166**

Div Place: **15/64**

Division: **F30-34**

Sex Place: **70/632**

Pace: **10:04.0**