

Isaac Almada-Bouma

Completed the 7 Miler at the Silver Falls Trail Runs in

1:36:09.3

November 3, 2023

Overall: **346/728**

Bib No: **1606**

Div Place: **22/33**

Division: **M30-34**

Sex Place: **196/365**

Pace: **13:45.0**