

Hanako Ngalame

Completed the MS_Girls at the Runners Roost XC Invite 1 in

22:44.4

September 23, 2025

Overall: **178/317**

Bib No: **1596**

Div Place: **69/174**

Division: **F-Seventh**

Sex Place: **178/476**

Pace: **11:23.0**