

# Hanako Ngalame

Completed the MS\_Girls at the Runners Roost XC Invite 1 in

**22:44.4**

**September 23, 2025**

Overall: **178/317**

Bib No: **1596**

Div Place: **69/174**

Division: **F-Seventh**

Sex Place: **178/476**

Pace: **11:23.0**