

# Janelle Gowgiel

Completed the 5K at the Giddy Up 5 in

**19:19.9**

**September 23, 2023**

Overall: **3/79**

Bib No: **155**

Div Place: **1/4**

Division: **F2029**

Sex Place: **1/71**

Pace: **6:14.0**