

# Heidi Griggs

Completed the 5K Wave 2 at the HTC Turkey Trot in

**50:55.5**

**November 22, 2023**

Overall: 1207/1781

Bib No: 1476

Div Place: 79/141

Division: F45-49

Sex Place: 710/1298

Pace: 16:24.0