

# Karla Ramsdal

Completed the 5K at the Turkey Trot in

**29:16.6**

**November 23, 2023**

Overall: **378/1491**

Bib No: **1407**

Div Place: **9/60**

Division: **F50-54**

Sex Place: **150/953**

Pace: **9:26.0**