

# Cathy Ingman

Completed the 10K at the Scandia Run in

**1:03:10.2**

**August 16, 2025**

Overall: **197/273**

Bib No: **1299**

Div Place: **11/23**

Division: **F40-49**

Sex Place: **59/115**

Pace: **10:10.0**