

# Ila Canessa

Completed the 10K at the Great Columbia Crossing in

**48:18.5**

**October 12, 2025**

Overall: **97/2808**

Bib No: **1186**

Div Place: **2/43**

Division: **F01-13**

Sex Place: **18/2237**

Pace: **7:47.0**