

# Grayson Goodale

Completed the 10K at the Prefontaine Memorial Run in

**56:43.9**

**September 20, 2025**

Overall: **160/434**

Bib No: **117**

Div Place: **9/12**

Division: **M25-29**

Sex Place: **109/253**

Pace: **9:08.0**