

# Abby Ward

Completed the 5K at the Gleneagle Spirit 5K in

**46:22.3**

**September 6, 2025**

Overall: **90/91**

Bib No: **115**

Div Place: **10/10**

Division: **F01-14**

Sex Place: **36/40**

Pace: **14:56.0**