

# **Matt Ingram**

**Completed the 5K at the Turkey Trot in**

**46:45.4**

**November 24, 2022**

**Overall: 674/1012**

**Bib No: 1126**

**Div Place: 28/35**

**Division: M45-49**

**Sex Place: 340/497**

**Pace: 15:03.0**