

# Ellie Munsterman

Completed the 5K at the Molalla Firecracker 5K in

**29:54.9**

**July 4, 2025**

Overall: **95/168**

Div Place: **6/23**

Sex Place: **22/74**

Bib No: **111**

Division: **F01-19**

Pace: **9:38.0**