

# **Sarah Spafford**

**Completed the 10K at the Heart To Start in**

**1:14:36.2**

**February 21, 2026**

**Overall: 341/469**

**Bib No: 1072**

**Div Place: 12/27**

**Division: F50-54**

**Sex Place: 175/341**

**Pace: 12:01.0**