

Elyssa Nerstad

Completed the MS_Girls at the Runners Roost XC Invite 1 in

19:06.3

September 23, 2025

Overall: **50/317**

Bib No: **1067**

Div Place: **24/113**

Division: **F-Eighth**

Sex Place: **50/476**

Pace: **9:34.0**