

# Sonja Elzinga

Completed the 5K at the Salem Summer Solstice Run in

**45:25.5**

**June 13, 2025**

Overall: **184/260**

Div Place: **31/49**

Sex Place: **105/190**

Bib No: **106**

Division: **F30-39**

Pace: **14:38.0**